



## The Diplomat Radisson Blu Hotel

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Category: ★★★★★

### • Location

The five-star Diplomat Radisson Blu Hotel Residence & Spa, Manama, is conveniently located in the prestigious Diplomatic area, neighboring Manama's commercial, shopping and banking districts and is only ten minutes from the airport.

### • Facilities

The Diplomat Spa has been specifically designed as a sanctuary of peace within the vibrant business heart of the city. Our international therapists specialize in a variety of spa services with our massages and body treatments fusing Asian techniques.

A ladies and mixed health clubs with extensive aerobic equipment are available for your use and are complemented by steam and sauna facilities. Three outdoor lagoon pools situated amongst a tropical setting are suitable for all ages with one exclusive indoor ladies only pool.

For racquet enthusiasts we have two squash courts, racket ball, tennis court and table tennis with equipment available for hire. Our fitness studio offers a range of popular workouts whilst our experienced personal trainers are on hand to offer assistance and guidance to help achieve your individual goals.